

The Lawrence Writers's Club



Magazine 2024-25

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सरस्वती वंदना

वंदन करूँ शारदा सरस्वती,
मात-पिता तुम अखिल भवानी,
आदिमाय तू आदि भवानी जगत की
तू प्रतिपालक सब जग जानी।।

जन्म देत तू रक्षक मानी,
जन्म देत तू रक्षक मानी,
तू प्रतिपालक सब जग जानी।।

अब हम बालक शरण तिहारी,
पूर्ण कृपा हो हम पर जननी,
शरणागत की लाज बचानी,
तू प्रतिपालक सब जग जानी।।



St. Lawrence Convent Sr. Sec. School VISION



Our vision is to develop all rounded, confident and responsible individuals who aspire to achieve their full potential. We do this by providing a welcoming, happy, safe and supportive learning environment in which everyone is equal. We ensure excellence in teaching and learning. School promotes an attitude of care, excellence, trust and respect among the students. Maintaining excellent facilities and an environment of quality is first priority of school.

Our education system is aimed to develop the individual and social qualities rather than providing generalized information or training by way of the prescribed subject matter. Beginning with teachers including students in decision-making processes in the classroom and having faith in their ability to lead, child-centred education is practised. The youngsters find learning more intriguing when they understand the significance of the topic under discussion.

When a child chooses the subject of the lesson during creative learning, they might use their imagination to come up with unique perspectives on the same topic. Children are better able to combine their interests with the concepts and skills by brainstorming and conversing together. Children must take responsibility for their own learning and be engaged participants





Late Sh. Girish Mittal Ji
Founder, St. Lawrence Convent Sr.
Sec. School, Geeta Colony, Delhi-31

*“We find our strength and
inspiration in everything we resolve
to do. In your kind words, we remain
committed to preserving the essence
of your philosophy through your
actions as done from time to time
for the interested of the school.”*

Message from the Director of Education



VEDITHA REDDY, IAS
Director, Education & Sports



Directorate of Education
Govt. of NCT of Delhi
Room No. 12, Old Secretariat
Near Vidhan Sabha,
Delhi-110054
Ph.: 011-23890172
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MESSAGE

I am delighted to witness the vibrant creativity and enthusiasm that each of you showcase in your school. Your talents that are expressed through storytelling, poetry or insightful essays are truly inspiring. Reading and writing are powerful tools that open the doors to new worlds, broaden our understanding and nurture our imagination.

I encourage each of you to make reading a daily habit. Explore the works of great authors from diverse cultures. Let their ideas ignite your own insights. Similarly, writing allows you to give form to your thoughts, share your perspectives and create something that others can enjoy reading.

The school magazine, created by the collective efforts of the school is a wonderful platform to showcase your talents. It is a reflection of your hard work, creativity and vision. Through this magazine you are not only sharing your ideas but also inspiring others in our school community.

Your voices are important and your creativity can shape the future. Keep challenging yourself to learn, grow and express. I am proud of your accomplishments and am here to support your journey. Let's continue to make our school community a hub of innovation and excellence.


(VEDITHA REDDY, IAS)

MESSAGE FROM THE DESK OF THE DEPUTY DIRECTOR OF EDUCATION ZONE: III DR. RAJPAL SINGH

DR. RAJPAL SINGH



Dear Students, Teachers and Parents,

It gives me immense pleasure to pen a message for the Annual School Magazine, “ज्योत्सना”, for the academic session 2024-25. The theme of this year's magazine reflects our collective responsibility to work towards sustainability, fostering innovation and inclusivity for a better tomorrow.

Education is the most powerful tool to empower young minds, and it plays a crucial role in shaping individuals who are not only academically accomplished but also socially and environmentally conscious. As we strive to integrate the principles of the National Education Policy 2020 into our curriculum, let us focus on building bridges that connect knowledge with action, collaboration with creativity, and dreams with determination.

This magazine reflects the hard work, creativity, and achievements of our students and teachers. It encapsulates the spirit of curiosity, critical thinking, and teamwork, which are essential for building a sustainable and equitable future. I encourage every reader to reflect on the contributions showcased in these pages and to draw inspiration from the efforts of our young learners and dedicated educators.

Let us continue to nurture the seeds of hope, innovation, and resilience within our educational community, ensuring that the bridges we build today lead to a brighter and more sustainable tomorrow.

Wishing you all continued success and new aspirations in this journey of growth and learning. Warm regards,

Dr. Rajpal Singh
Deputy Director of Education
Zone 03, District East, Delhi

Message from the Chairman



Dear Students, Parents, and Staff,

As we continue on our journey of excellence in education, I am thrilled to introduce our schools' E-Magazine. This digital platform will serve as a showcase of our students' talents, achievements, and experiences.

At St. Lawrence Convent School (Geeta Colony), we strive to provide a holistic education that fosters academic excellence, creativity, and character development. Our E-Magazine will feature stories of student success, as well as Updates school events, news and initiatives.

I assure all stakeholders that we will provide the utmost facilities for the exemplary development of the teaching-learning process in the school. I am satisfied with the efforts being made in this process to prepare the future citizens of India.

Here, I would like to present a significant quote by an eminent writer:

“The mistake of a doctor is buried in the grave.

The mistake of an engineer is cemented with bricks.

The mistake of a lawyer is filed with files.

The mistake of a teacher is reflected in the nation.”

Last, but not least, I hope that the school will continue to bring laurels and soar high in every field, fostering the holistic development of each student. This will help to shape their personalities and secure their future to be a responsible citizens of the country.

**Best regards,
(Mudit Mittal)**

Chairman,

St. Lawrence Convent School

Message from the member of SMC (Educationist & Academic Consultant)



Dear Students, Parents, and Staff,
It gives me an immense pleasure to express views in regard to school magazine. Education is in fact, a lifelong process of learning which goes on from birth to death in gaining the experiences. Every object in nature gives us knowledge if we have keen desire to learn by our senses viz eyes and ears. The school provides the children how to sharpen their respective senses to look around themselves keenly and to make their dreams true in expression. Without making goal and dream, students can not think of changing all their negativity into positivity. It leads them on a way to fulfillment and joy. They will be able to ignore the obstacle or do away with them only when they have the firm will to march on a path to success. They have to fight to reach their dream. They have to make sacrifice and work hard, if their dream matters to them more than anything else. No one ever achieved anything without dreaming and making sacrifices.

All men of action are dreamers. There is a famous quote: "It is difficult to say what is impossible for the dream of yesterday in the hope of today and the reality of tomorrow. " All the great pieces of art, wonders of science and principles of modern society were once nothing more than dreams. Nobody can become a physician or surgeon of a very high order, a reputed writer, a scientist or inventor or an owner of business organization, unless he plans his course, dedicates all his physical and intellectual resources to the realization of his dream. Every successful man has made the realization of his dream, his only purpose in life and worked towards its accomplishment. In the words Washington Irving" - Great minds have purpose; little minds have wishes.

The school magazine reflects the creative talent among the children and also works as the mirror of the activities and achievements of the school. It gives an insight into minds and feelings of the students which we get to see in their writing. It is note worthy that we, all the educators in school are striving for the excellence in all the spheres of education to get their respective dreams shapened and made true. Our aim in school is to produce citizen who are physically fit, intellectually well equipped, emotionally, stable and with high moral values imbibed in them. School is doing a lot for the welfare of the students.

Virtue is the sun of our world and has for its course with a good conscience. Nothing is loveable but virtue, nothing is detestable but vice. A person's capactiy and greatness is to be measured by his virtue ,the school wants to create virtue in them for the national development which is the call of time to make country developed in the world.

M.M. Vashishth

Member of SMC (Educationist & Academic Consultant)

St. Lawrence Convent Sr. Sec. School

Message from the Principal



Dear Students, Parents, and Staff,

It is with great pride that I share our school's latest e-magazine for the Session 2024-25, highlighting the hard work, creativity, and passion that each member of our school community contributes throughout the year. From academic excellence to outstanding co-curricular achievements, every page showcases the spirit of innovation and unwavering dedication that sets our School Culture.

At our school, we are dedicated delivering a well rounded education that prepares students for success in all aspects of life. It is important to remember that education is not just about the knowledge but about shaping individuals who are empathetic, thoughtful, and equipped to tackle the challenges of tomorrow. This year, our school remains committed providing a comprehensive education that nurtures the whole student; academically, socially, emotionally, and culturally. The publication celebrates our dedication fostering a learning environment where curiosity thrives, respect prevails, and every student is empowered to reach their full potential.

*"The woods are lovely, dark and deep,
But I have promises to keep,
And miles to go before I sleep,
And miles to go before I sleep."*

I express my sincere gratitude to all the members of the School Management Committee for their significant and invaluable guidance in ensuring the smooth functioning of the school.

Last but not least, I extend my heartfelt appreciation to all the editors of this e-magazine for their dedication in compiling and presenting it before all stakeholders. Their efforts in showcasing the school's activities to the community will undoubtedly foster cooperation and support, helping the school achieve greater success.

In conclusion, I humbly acknowledge and extend my deepest gratitude to all those who have supported me, both directly and indirectly, in preparing and presenting this e-magazine before our esteemed stakeholders.

Wishing you all continued success and fulfillment in all your pursuits.

With the successful completion of this edition of our St. Lawrence Convent Sr. Sec. School e-magazine, it is time to express our heartfelt gratitude to everyone who contributed to making it a success.

A special thanks to our teachers and mentors, who have been a pillar of support, helping students shape their ideas and creativity into meaningful content. Their dedication and efforts are truly commendable.

To our students, who are the heart and soul of this magazine- their talent, enthusiasm, and hard work have filled these pages with inspiration and creativity. We are proud to showcase your achievements, thoughts, and artistic expressions.

We also extend our gratitude to the editorial team and designers for their commitment and effort in compiling, editing, and presenting this magazine so beautifully. Their hard work have truly paid off.

Last but not least, a big thank to our readers and supporters, including parents and well-wishers, for their encouragement and appreciation. Their feedback and motivation drive us to improve and innovate with each edition.

As we conclude this edition, we hope this e-magazine has been an enriching and enjoyable experience for all. Looking forward to many more editions filled with knowledge, creativity, and inspiration.

Warm regards,

Renu Rohilla

Principal

St. Lawrence Convent Sr. Sec. School

Editor's message

It gives me immense pleasure to present this edition of our e-magazine, a reflection of the talent, creativity, and achievements of our students and faculty. This magazine serves as a platform to showcase the academic, cultural, and extracurricular excellence that defines St. Lawrence Convent Sr. Sec. School.

Education is not merely about acquiring knowledge but about shaping character, nurturing curiosity, and fostering a lifelong love for learning. Our school has always been committed to providing a holistic education that empowers students to excel in every field. Through this magazine, we aim to highlight the hard work, dedication, and enthusiasm of our students, teachers, and staff.

This edition includes inspiring articles, creative expressions, and glimpses of various activities that took place throughout the year. It is a testimony to the spirit of teamwork and commitment that drives our school forward. We extend my heartfelt gratitude to the editorial team, contributors, and all those who have worked tirelessly to bring this publication to life.

We hope this magazine inspires our readers and ignites a sense of pride in our school community. Let us continue to strive for excellence and uphold the values that St. Lawrence Convent Sr. Sec. School stands for.

Happy reading!

SLC TEAM

Beyond Books: The Importance of Extracurricular Activities in School Life

Education is not just about textbooks and exams; it is about holistic development, and extracurricular activities play a crucial role in shaping a student's personality. At St. Lawrence Convent Sr. Sec. School, we believe that learning goes beyond the classroom, and engaging in extracurricular activities helps students discover their passions, talents, and leadership skills.

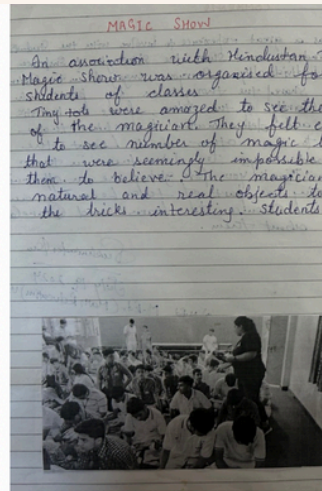
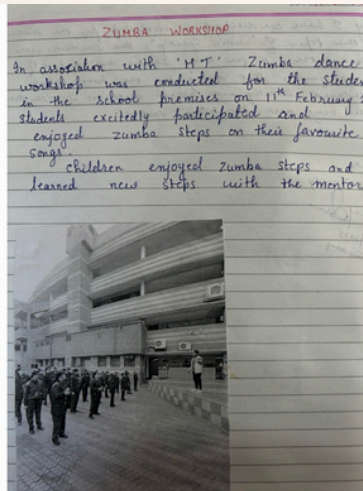
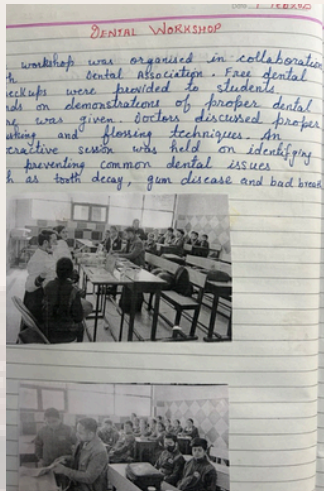
From sports, music, dance, and drama to debates, quizzes, and community service, these activities instill confidence, teamwork, creativity, and discipline in students. Sports teach the value of team spirit and perseverance, while cultural programs foster self-expression and appreciation for art. Literary activities like elocution and creative writing enhance communication skills, and participation in clubs and social initiatives builds responsibility and empathy.

Extracurricular activities also help students manage stress, improve time management, and boost academic performance by promoting a balanced and well-rounded approach to learning. They prepare students for the real world by nurturing problem-solving abilities, leadership qualities, and adaptability.

At St. Lawrence Convent Sr. Sec. School, we encourage every student to participate in activities that ignite their interests and shape their future. After all, school life is not just about scoring high marks but about creating memories, building character, and preparing for a successful life ahead.

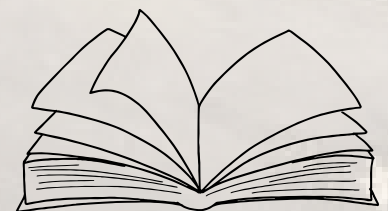
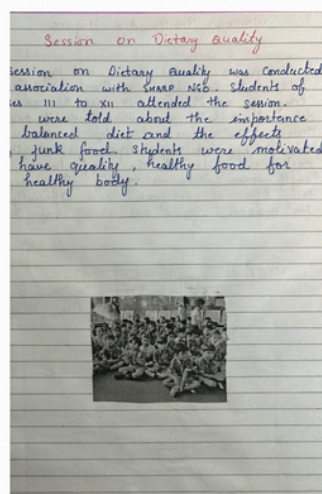
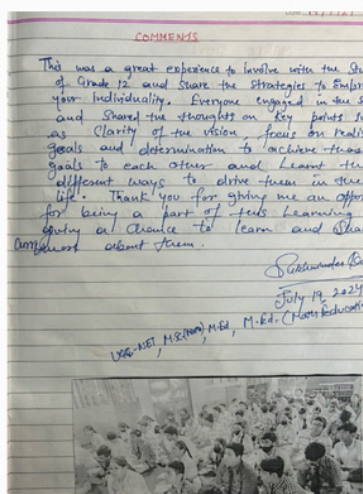
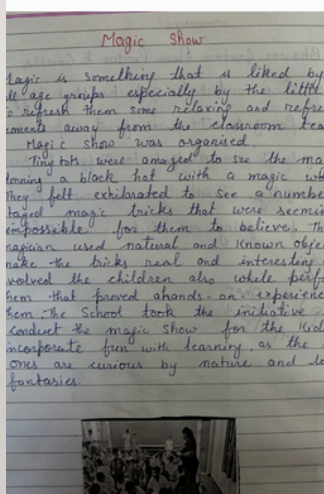
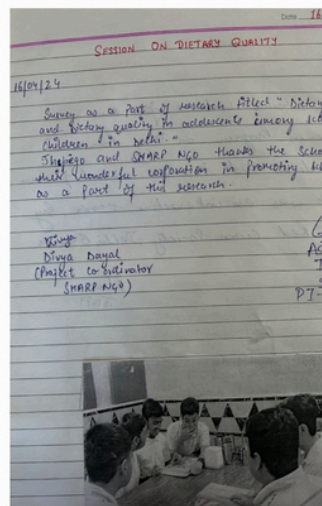
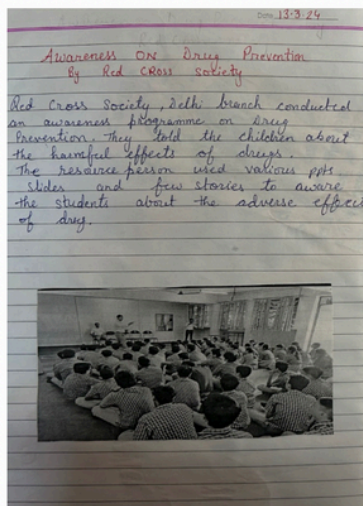
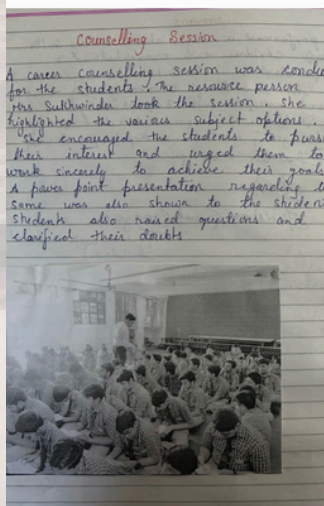
EMPOWERING MINDS

WORKSHOPS AT ST. LAWRENCE CONVENT SR. SEC. SCHOOL



At St. Lawrence Convent Sr. Sec. School, we believe in holistic education that goes beyond textbooks. To enrich our students' learning experiences, we organize various workshops throughout the year, catering to different aspects of personal, academic, and skill development.

Workshops are an essential part of our educational approach, fostering confidence, curiosity, and innovation. These interactive sessions provide hands-on learning experiences, ensuring that students are well-prepared for both academic excellence and real-world challenges. At St. Lawrence Convent, we continue to inspire, educate, and empower!



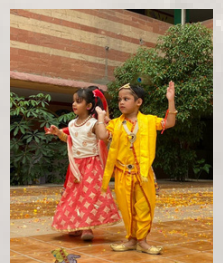
Celebrating Janmashtami with Joy and Devotion

The festival of Janmashtami, marking the birth of Lord Krishna, was celebrated with great enthusiasm and devotion at St. Lawrence Convent Sr. Sec. School. The event was a beautiful blend of culture, spirituality, and artistic expression, where students showcased their talents through various dance performances that depicted different phases of Krishna Ji's life.

The school premises were decorated with flowers, peacock feathers, and vibrant rangolis, creating a divine atmosphere. The celebration began with a traditional aarti, followed by mesmerizing dance performances by students that brought to life stories from Krishna's childhood, his playful Makhn Chor leelas, and his wisdom in the Mahabharata. The rhythmic movements, colorful costumes, and expressive storytelling captivated everyone.

The performances reflected the values of love, friendship, and righteousness, which Krishna Ji preached throughout his life.

The celebration not only deepened students' understanding of Indian culture and traditions but also filled the school with devotion, joy, and excitement. The event ended with a sense of togetherness and divine blessings, making this Janmashtami a truly memorable experience for all.





A Memorable Visit to Amrit Udyan

Students of St. Lawrence Convent Sr. Sec. School had the wonderful opportunity to visit Amrit Udyan, a breathtaking garden known for its lush greenery, vibrant flowers, and serene ambiance. This visit was not only a refreshing experience but also an educational one, allowing students to appreciate the beauty of nature and understand the importance of preserving it.

As we entered the magnificent garden, we were greeted by a spectacular array of seasonal flowers in full bloom. The well-maintained lawns, exotic plants, and beautifully designed landscapes created a mesmerizing sight. The fragrance of roses, tulips, and marigolds filled the air, making the atmosphere truly enchanting. The students were fascinated by the rare plant species and ornamental trees, which added to the garden's charm.

One of the highlights of the visit was learning about the history and significance of Amrit Udyan. Formerly known as Mughal Gardens, it has been a symbol of architectural and horticultural excellence, designed in a blend of Mughal and British styles. The visit also emphasized the importance of environmental conservation, as students gained insights into sustainable gardening and biodiversity preservation.

The trip to Amrit Udyan was a perfect blend of fun and learning. It left the students inspired to appreciate and protect nature. This memorable experience will be cherished by all, reminding us of the serene beauty that exists amidst our bustling lives.

Honoring Our Mentors –Teachers’ Day

Teachers are the guiding lights who shape young minds, and to express gratitude for their dedication, the students of St. Lawrence Convent Sr. Sec. School celebrated Teachers’ Day with immense enthusiasm and respect. The event was a heartfelt tribute to the mentors who inspire, educate, and nurture students every day.

The celebration began with a warm welcome and a special assembly, where students delivered speeches highlighting the invaluable role of teachers in shaping their futures. A beautiful guru vandana (prayer) and lamp lighting ceremony set the tone for the day, symbolizing knowledge and wisdom.



The event concluded with a vote of thanks by the student council, acknowledging the unwavering commitment and hard work of the teachers. The Teachers’ Day celebration at St. Lawrence Convent Sr. Sec. School was a day filled with love, laughter, and appreciation, reinforcing the bond between students and their mentors.



Celebrating the Spirit of Ganesh Chaturthi



Ganesh Chaturthi Celebrations at St. Lawrence Convent Sr. Sec. School

Ganesh Chaturthi, the festival that marks the birth of Lord Ganesha, was celebrated with great devotion and enthusiasm at St. Lawrence Convent Sr. Sec. School. The event brought students and teachers together in a spirit of joy, devotion, and eco-consciousness.

The celebrations began with the auspicious installation (sthapana) of Lord Ganesha's idol, followed by a soulful aarti and bhajans sung by the school choir. The school premises were beautifully decorated with colorful rangoli, flowers, and handmade eco-friendly decorations, promoting the message of sustainability.

The highlight of the event was an awareness session on eco-friendly Ganesh idols and sustainable immersion practices, encouraging students to celebrate responsibly.

The event concluded with a prasad distribution and a heartfelt prayer seeking wisdom, success, and happiness for all. Ganesh Chaturthi at St. Lawrence Convent Sr. Sec. School was a perfect blend of devotion, creativity, and environmental consciousness, leaving everyone inspired and blessed.



Bringing the Epic to Life –Ramleela

The students of St. Lawrence Convent Sr. Sec. School brought the timeless epic of the Ramayana to life through a spectacular Ramleela performance, celebrating the victory of good over evil. The event was a grand display of devotion, culture, and talent, leaving the audience mesmerized.

The celebration began with a prayer and lamp lighting ceremony, invoking the blessings of Lord Rama. Students enthusiastically portrayed key scenes from the Ramayana, depicting Lord Rama exile, the abduction of Sita by Ravana, the devotion of Hanuman, and the grand battle of Lanka. Their expressive performances, along with vibrant costumes, powerful dialogues, and soulful background music, created an immersive experience.



Teachers and parents applauded the students for their dedication and theatrical excellence. The event was not only an artistic performance but also a lesson in values like truth, courage, and righteousness, which Lord Rama symbolizes.

The Ramleela celebration at St. Lawrence Convent Sr. Sec. School was a true blend of education and tradition, inspiring everyone to follow the path of dharma and righteousness. The event concluded with a cheerful rendition of Jai Shri Ram, leaving a lasting impression on all present.



Evening of Rhythm and Joy

The spirit of Navratri came alive at St. Lawrence Convent Sr. Sec. School as students gathered for an electrifying Dandiya Evening filled with dance, music, and festive joy. The event, held in the school premises, was a spectacular celebration of tradition and togetherness, leaving everyone with cherished memories.

As students arrived in the evening, they were welcomed with special entry bands, adding excitement right from the start. Dressed in vibrant traditional attire, they brought the dance floor to life with their graceful Garba moves and energetic Dandiya steps. The beats of festive music filled the air as everyone swayed in rhythm, creating a breathtaking sight of unity and joy.

Dandiya

The energy and enthusiasm were contagious, making it an unforgettable night.

With laughter, fun, and lots of dancing under the festive lights, the Dandiya Evening at St. Lawrence Convent Sr. Sec. School was a perfect way to celebrate the spirit of Navratri, bringing students closer through the joy of tradition and festivity.



A Night of Dance, Colors, and Festivity



SCIENCE EXHIBITION

Innovate, Explore, Discover - Science Exhibition 2024

The annual Science Exhibition 2025 at St. Lawrence Convent Sr. Sec. School was a spectacular event, celebrating the spirit of scientific inquiry and innovation.

Students from various grades showcased models, experiments, and research projects spanning Physics, Chemistry, Biology, Environmental Science, and Technology. Some standout exhibits included renewable energy solutions, AI-powered devices, eco-friendly innovations, and hands-on chemistry experiments that captivated visitors.

The exhibition also featured interactive demonstrations, live experiments, and insightful guest lectures, providing an enriching experience for all attendees. Judges and visitors were highly impressed by the creativity, research, and problem-solving skills displayed by the participants.



Judges and visitors praised the students for their innovation, research, and presentation skills. Awards were given to the most outstanding projects, recognizing creativity and scientific rigor.

The event was a testament to the power of curiosity and innovation, inspiring students to pursue science with passion. A big thank you to all participants, teachers, and organizers for making this event a memorable one!

Spooky Celebrations Halloween

Halloween at St. Lawrence Convent Sr. Sec. School was a thrilling and fun-filled event, with students embracing the festive spirit in a variety of creative and spooky get-ups. The school transformed into a world of witches, ghosts, vampires, and superheroes as students arrived dressed in imaginative costumes, bringing the Halloween theme to life.

The Halloween celebration was not just about dressing up; it was an opportunity for students to express their creativity, learn about different cultures, and enjoy a break from their academic routines. The event concluded with music, dance, and treats, leaving everyone with wonderful memories of a spooky yet delightful day at school.



ANNUAL SPORTS DAY

A CELEBRATION OF PASSION, TEAMWORK, AND EXCELLENCE



The Sports Day of 2024 was not just an event-it was an unforgettable celebration of athleticism, camaraderie, and school spirit. With a perfect blend of thrilling competitions, enthusiastic participation, and an unmistakable sense of unity, this year's Sports Day has been etched in our memories forever. From the crack of dawn, the energy was palpable. The spirit of competition was in full swing as students from every corner of St. Lawrence Convent Sr. Sec. School came together to showcase their athletic prowess. Whether sprinting on the track, leaping hurdles, or teaming up for relays, every participant displayed remarkable enthusiasm and determination. The roar of the crowd and the cheers of support transformed the grounds into a vibrant arena where every moment was charged with excitement and joy.



The success of the day was made possible by the tireless efforts of our dedicated school staff, the unwavering support of our volunteers, and, of course, the spirited participation of our students. Their collaborative efforts ensured that every event was organized with precision and that every moment was filled with positive energy and sportsmanship. The commitment shown by everyone involved reflects the core values of our institution"excellence, teamwork, and perseverance.

This Annual Sports Day was much more than a series of competitions. It was a platform that promoted physical fitness, nurtured teamwork, and fostered an enduring sense of sportsmanship among our students. The exceptional talent and unwavering dedication of our athletes shone through, setting new benchmarks and inspiring others to reach for greatness.



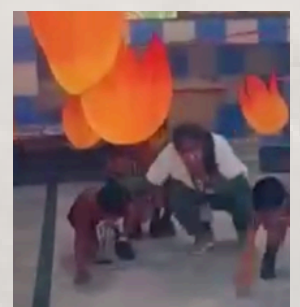
Disaster Management Mock Drill

At St. Lawrence Convent Sr. Sec. School, preparedness is key when it comes to ensuring the safety of students and staff. In line with this commitment, a disaster management mock drill was conducted to equip everyone with the necessary skills to respond effectively in emergencies.

This initiative aimed to instill awareness about disaster preparedness and response. It was a valuable learning experience that highlighted the importance of quick thinking and coordination in times of crisis. The drill concluded with a briefing session where students shared their experiences, and experts provided feedback on areas of improvement.

By conducting such mock drills regularly, St. Lawrence Convent Sr. Sec. School ensures that every student and staff member is well-prepared to face emergencies with confidence and composure.

“God helps those who helps themselves”



Flavors of Creativity – Cooking Without Fire



The Cooking Without Fire activity at St. Lawrence Convent Sr. Sec. School was a delightful experience where students showcased their culinary creativity while learning the importance of healthy eating and teamwork. This engaging event aimed to promote nutritional awareness, innovation, and the joy of cooking without the use of a stove or fire.

Students participated enthusiastically, preparing a variety of delicious and visually appealing dishes such as fruit salads, sandwiches, chaats, mocktails, desserts, and healthy wraps. With a focus on nutritious ingredients and aesthetic presentation, the young chefs displayed their talents through unique recipes and plating styles.

The highlight of the event was the presentation round, where students explained the nutritional benefits and preparation methods of their dishes. Teachers and judges appreciated their efforts, creativity, and awareness of healthy food choices. The activity encouraged students to explore quick, easy, and fire-free cooking techniques while fostering a sense of teamwork and confidence.

The Cooking Without Fire- activity was not just about making delicious dishes but also about instilling healthy eating habits and culinary skills in students. It was a fun-filled and educational experience that left everyone inspired to experiment with nutritious and innovative food ideas.



DONATION DRIVE: A LESSON FOR LIFE

At St. Lawrence Convent Sr. Sec. School, we believe that education goes beyond textbooks - it includes values like kindness, generosity, and social responsibility. One of the ways we nurture these values is through donation drives, where our students actively participate in giving to those in need. Whether it's food, clothes, books, or stationery, each donation carries a message of hope and care.

By participating in donation activities, our students experience the true joy of giving. These acts of kindness not only help those in need but also shape our students into compassionate individuals who will continue to spread positivity in the world.

At St. Lawrence Convent Sr. Sec. School, we take pride in fostering a spirit of generosity and service among our students. Together, we can make the world a better place- one donation at a time!



WELCOMING THE NEW YEAR WITH JOY AND DANCE

A RAINY YET ROCKING



NEW
YEAR



The New Year Celebration at St. Lawrence Convent Sr. Sec. School was nothing short of spectacular, filled with laughter, music, and endless dancing! What made it even more special was an unexpected twist—heavy rain! The event was originally planned for the school ground, but as the weather had other plans, we quickly shifted the party indoors to the school hall. And guess what? It turned out to be even more exciting!

The hall was beautifully decorated, and the energy was unmatched. As the DJ played the latest beats, students let loose, dancing their hearts out. The change of venue didn't dampen the spirits; instead, it made the event even more memorable and fun. The hall echoed with cheers, music, and non-stop enthusiasm as everyone celebrated the fresh beginnings of a new year.

Despite the rain, the evening was filled with joy, friendship, and unforgettable moments. The New Year Party at St. Lawrence Convent Sr. Sec. School proved that no matter the circumstances, when you have great company and good music, the celebration never stops!

Goodbyes Are Not the End, But a New Beginning

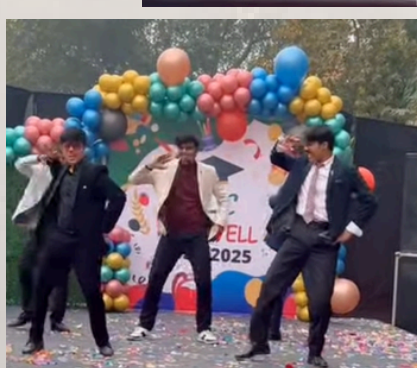
Farewell

Saying goodbye is never easy, but at St. Lawrence Convent Sr. Sec. School, the Farewell Ceremony for the Class of 2024-25 was an unforgettable blend of emotions, nostalgia, and celebration. Teachers and students came together to bid a warm and memorable adieu to the outgoing batch, cherishing the journey they had shared.

The event began with a traditional welcome and lamp lighting ceremony, symbolizing wisdom and guidance. A heartfelt speech by the Principal and teachers filled the hall with encouragement and inspiration, reminding students to carry forward the values they have learned at school.

The outgoing students shared their memories and gratitude, recalling the friendships, lessons, and experiences that shaped their school years. Teachers and juniors wished them success in their future endeavors, making the event even more special.

The ceremony concluded with a vote of thanks, followed by group photographs and a joyous gathering, where laughter, hugs, and promises to stay connected filled the air. The Farewell was not just a goodbye but a celebration of a beautiful journey, marking the beginning of new dreams and aspirations.



Exploring Beyond the Classroom : School Trips & Excursions

Education is not just about books and classrooms; it is also about real-world experiences that shape young minds. At St. Lawrence Convent Sr. Sec. School, we believe that trips and excursions are an integral part of holistic learning. These outings offer students a chance to explore, experience, and expand their knowledge beyond textbooks.

From historical monuments to science museums, nature parks to adventure camps, every trip is designed to enhance learning in an interactive and engaging manner. Visiting cultural sites deepens student's understanding of history, while nature excursions instill a sense of environmental responsibility. Educational trips to industries and research centers expose students to real-world applications of their studies.

Apart from academic benefits, excursions also foster teamwork, leadership skills, independence, and social bonding. The joy of traveling with friends and teachers creates lasting memories while strengthening friendships and school spirit.

At St. Lawrence Convent, we continue to organize enriching trips that broaden horizons and nurture curiosity. Because learning is not just about knowing—it's about experiencing!





Festive Joy: Holi Celebrations

After weeks of hard work and dedication towards their exams, the students of St. Lawrence Convent Senior Secondary School finally got a chance to unwind and celebrate the festival of colors—Holi!

The school campus was filled with joy and laughter as students came together to enjoy the festival after the exams. Vibrant colors, cheerful faces, and festive music created an atmosphere of pure happiness. The event was marked by eco-friendly celebrations, where students used organic colors and flower petals to ensure a safe and responsible Holi. Teachers and students participated with enthusiasm, strengthening the bonds of friendship and unity.



The highlight of the celebration was the cultural performances, where students showcased their talent through dance, music, and poetry dedicated to the spirit of Holi. The festival concluded with a message of harmony and togetherness, reminding everyone of the true essence of Holi—spreading love and positivity.

This Holi celebration not only allowed students to relax after their exams but also reinforced the school's values of joy, unity, and tradition. It was truly a day to remember!



25 Years of Excellence: The Silver Jubilee Celebration of St. Lawrence Convent Secondary School





As we step into the year 2025, our hearts are filled with pride, nostalgia, and deep emotion—for St. Lawrence Convent Secondary School has completed 25 glorious years of shaping young minds and building a legacy of excellence. It is not just a milestone but a journey of dedication, perseverance, and countless cherished memories that have made our school what it is today.

Looking back, it feels like just yesterday when our school opened its doors with a vision to provide quality education, instill values, and nurture future leaders. Over the years, we have seen thousands of students walk through these corridors, learning, growing, and leaving their mark in the world. Our teachers, the pillars of this institution, have selflessly dedicated themselves to guiding each student, ensuring that St. Lawrence is not just a school but a second home for every child who has been a part of it.


This Silver Jubilee celebration is more than just an event—it is a tribute to the incredible journey we have undertaken together. To commemorate this special occasion, a grand series of programs will be held, including cultural performances, exhibitions, sports events, and an emotional alumni reunion, where former students will return to the place that shaped their dreams. A special ceremony will be dedicated to honoring the teachers, staff, and school leaders who have been the backbone of our success.

As we celebrate 25 years of learning, growth, and cherished memories, we are filled with gratitude—for the students who have carried forward the values of St. Lawrence, for the teachers who have shaped generations, and for the unwavering support of parents and well-wishers.

This Silver Jubilee is not just an achievement; it is a promise to continue inspiring, educating, and nurturing young minds for years to come. Here's to the past, the present, and a bright future ahead—St. Lawrence Convent Secondary School will continue to shine!



The Teachers' Express



Still a Baby



*I never raise my heels and switch the fan off,
I never take a breath and empty the bottle off.*

*Never, never I refuse to walk,
But cover the miles—four and a half.*

*I go on my way,
As calm as a river, I say.
I no more chase a cat by,
But mother calls me baby.*

*She still calls me a baby,
Though I often comb her hair,
Stroking her temples
With modesty and care.*

*Do I ever tell you, mother,
I am tired and hungry?
Am I ever asking you silly questions,
Only to make you angry?*

*Mother, mother, tell me,
And don't you deceive me—
Would you still call me baby
When I will have my own baby?*

*—Mira Narang
(English Teacher)*

The Power of Positive Water

How Intention & Energy Affect Our Body

Water is the foundation of life, making up approximately 60% of our bodies. It is essential for hydration, digestion, and even our emotional well-being. But did you know that water can also hold and transmit energy and intentions?

The Science of Water and Energy

Research has shown that water is highly responsive to energy and intentions. In the 1990s, Japanese scientist Dr. Masaru Emoto conducted a series of experiments demonstrating how water crystals change shape and form in response to different emotions, words, and intentions.

Positive Water, Positive Body

When we drink water that has been imbued with positive energy, it can have a profound impact on our bodies. Positivity in water can improve hydration, reduce stress, boost energy, and enhance our well-being.

How to Create Positive Water

Some simple techniques include:

- **Intention & Visualization** – Hold the water in your hands and focus on a positive intention.
- **Positive Affirmations** – Speak positive affirmations to water before drinking.
- **Music & Sound** – Use sound healing techniques to enhance the energy of water.
- **Crystals & Gemstones** – Place crystals or gemstones in water to absorb and transmit their positive energy.

The concept of positivity in water is a powerful reminder of the interconnectedness of our body, mind, and spirit. So next time you drink a glass of water, remember to imbue it with positivity and intention—**your body will thank you!**

—By Richa Srivastava
(Science Teacher)

YOGA NIDRA: THE ART OF DEEP RELAXATION

In today's fast-paced world, where stress and anxiety have become a part of daily life, Yoga Nidra offers a path to inner peace and relaxation. At St. Lawrence Convent Sr. Sec. School, we recognize the importance of mental and physical well-being, and thus, Yoga Nidra sessions are encouraged as a powerful tool for students to achieve clarity, focus, and relaxation.

Yoga has long been known to a great antidote to stress .yoga combines many popular stress-reducing technique. As yoga becomes increasing popular more and more people are discovering the benefits to their stress lives. Yoga Nidra or yogic sleep is a state of consciousness between waking and sleeping, like going to going sleep stage. It is state in which the body is completely relaxed and practitioner become systematically and increasingly aware of the inner world by following a set of verbal instructions. Yoga nidra is a powerfully relaxation and meditation technique derived from ancient tantra and developed by " Swami Satyananda .he formulated the basis of this technique while serving as a disciple of his guru ,the great yoga master Swami Sivananda ,in Rishikesh, India during the 1940s and early 1950s.According to Swami Satyananda Bihar School of Yoga1976"Relaxation does not mean sleep. Relaxation means to be blissfully happy; it has no end .I call bliss absolute relaxation; sleep is different matter. Sleep gives only mind and sense relaxation .bliss relaxes the atma,the inner self, that is why ,in tantra, Yoga nidra is the doorway to Samadhi. The state of consciousness is different from Meditation in which concentration on a single focus is required. In Yoga, we consciously take our attention to different parts of body relax them. The trick of Yoga Nidra is to relax with awareness'. In the Meditation experience of Yoga nidra, we transcend self- created perceptions and limitations .sleep takes us below the mind and meditation carries us beyond the mind.

At St. Lawrence Convent Sr. Sec. School, we believe that holistic education includes nurturing the mind, body, and soul. Through Yoga Nidra, we aim to empower students with the ability to stay calm, focused, and stress-free, ensuring their overall well-being and success.

— *by Shivani Saini*
(Physical Education Teacher)

THE MAGIC OF FRIENDSHIP IN NUMBERS

Ramanujan's Friendship Numbers

In the world of mathematics, numbers often have special relationships, just like friends do in real life. One of the most famous examples of this is the pair 220 and 284, known as Amicable Numbers or Friendship Numbers.

WHAT MAKES THEM SPECIAL?

Let's explore the magic behind these friendship numbers. Let's see how 220 and 284 are connected.

Proper Divisors of 220:

1, 2, 4, 5, 10, 11, 20, 22, 44, 55, 110

Adding Them:

$$1 + 2 + 4 + 5 + 10 + 11 + 20 + 22 + 44 + 55 + 110 = 284$$

Proper Divisors of 284:

1, 2, 4, 71, 142

Adding Them:

$$1 + 2 + 4 + 71 + 142 = 220$$

Since the sum of divisors of 220 is 284, and the sum of the divisors of 284 is 220, these numbers share a unique bond, just like best friends who look out for each other.

The story of 220 and 284 teaches us that mathematics isn't just about calculations it's about discovering hidden connections.



— Divya Talwar
(Mathematics Teacher)

THE SPARK OF CREATION

From fire's birth in ancient hands,
To circuits drawn in silicon lands.
The mind unchained, the heart set free
Builds the world that's yet to be.

A whispered thought, a fleeting spark,
A beacon bright in boundless dark,
From wheels that turned to engines bold,
To dreams of space and future told.

Invention rises, bold and new,
A bridge of light from old to blue,
With hands that shape and minds that weave,
New wonders rise for us to leave.

Yet innovation-restless soul,
Takes the past and makes it whole,
Refines, transforms, and dares to ask,
What more awaits beyond the task?

So here we stand on shifting sand,
With endless blue at our command,
For those who dream, the world is wide
A canvas vast, yet undescribed.

— *Shruti Bharadwaj*
(Chemistry Teacher)

Values & Life Lessons

Guiding Principles for a Meaningful Life

Education is not just about acquiring knowledge; it is about shaping character, instilling values, and preparing students for life's challenges. In today's fast-paced world, where competition and distractions are abundant, strong values and life lessons act as guiding principles that help individuals lead meaningful and successful lives.

The Power of Discipline and Hard Work

Discipline and hard work are the pillars of success. Whether in academics, sports, or personal growth, consistency and dedication bring long-term rewards. A disciplined person manages time effectively, remains focused on goals, and overcomes obstacles with determination. As Thomas Edison rightly said, "Genius is one percent inspiration and ninety-nine percent perspiration." Hard work, combined with discipline, ensures that dreams turn into reality.

Developing a Growth Mindset

A growth mindset is the belief that intelligence and abilities can be developed through dedication and effort. Students with a growth mindset embrace challenges, learn from failures, and keep improving. Instead of fearing mistakes, they see them as opportunities to grow. This attitude fosters resilience and self-confidence, essential for lifelong success.

The Value of Kindness and Empathy

In a world that often prioritizes competition, kindness and empathy remain essential qualities. Small acts of kindness—helping a friend, listening with understanding, or showing compassion—create a positive and harmonious environment. Empathy strengthens relationships and builds a sense of community. As the Dalai Lama once said, "Be kind whenever possible. It is always possible."

At St. Lawrence Convent Sr. Sec. School, we believe that true education extends beyond textbooks. It is about shaping responsible, ethical, and compassionate individuals. By embracing discipline, learning from great leaders, developing a growth mindset, and practicing kindness, students can build a life of purpose and fulfillment. These values not only lead to personal success but also contribute to a better society.

—By Kumud Duggal
(Incharge)

ध्यान का महत्व

ध्यान एक ऐसी अवस्था है जिसमें व्यक्ति अपनी एकाग्रता बढ़ाने, ध्यान केंद्रित करने के साथ-साथ जागरूकता की तकनीकों का उपयोग करता है। आजकल की तनाव भरी भागदौड़ भरी जिंदगी में ध्यान की आवश्यकता काफी बढ़ गई है। ध्यान न केवल व्यक्तिगत बल्कि शारीरिक और मानसिक स्वास्थ्य के लिए भी लाभदायक है। यह मानसिक तनाव को दूर करने के साथ-साथ हमारे आत्मबल और भावनात्मक स्थिति में भी सुधार लाता है।

ध्यान करने के कुछ लाभ इस प्रकार हैं:

1. एकाग्रता में वृद्धि – ध्यान करने से व्यक्ति की एकाग्रता और कार्यक्षमता में सुधार होता है।
2. सामाजिक तनाव और प्रतिस्पर्धा का प्रभाव कम होना – ध्यान के माध्यम से हम मानसिक और शारीरिक स्वास्थ्य को संतुलित कर सकते हैं।
3. डर, चिंता और निराशा को कम करना – ध्यान व्यक्ति के आत्मबल को बढ़ाता है और मानसिक स्थिरता प्रदान करता है।
4. नकारात्मक सोच से सकारात्मक सोच की ओर परिवर्तन – ध्यान करने से आत्मविश्वास और आत्मसम्मान में वृद्धि होती है।

ध्यान करने की सरल तकनीकें:

- किसी शांत स्थान पर बैठकर गहरी सांस लें।
- “ओम” मंत्र का जाप करें जिससे मानसिक ऊर्जा संतुलित होती है।
- शरीर के अलग-अलग हिस्सों पर ध्यान केंद्रित करें।

कम उम्र में ही ध्यान करने की आदत डालने से मानसिक और शारीरिक स्वास्थ्य बेहतर बना रहता है।

The Power of Reading in the Digital Age

In today's fast-paced, technology-driven world, books remain one of the most valuable sources of knowledge and personal growth. While digital media provides quick access to information, books offer something deeper—an opportunity to focus, reflect, and truly understand complex ideas. Reading enhances vocabulary, improves language skills, and strengthens critical thinking, all of which are essential for academic success.

For students, developing a reading habit can lead to improved performance in all subjects, better writing skills, and a lifelong love for learning. Libraries and schools play a crucial role in promoting reading by providing access to books that inspire curiosity and knowledge.

Whether through printed books or e-books, the joy of reading remains timeless. In an era of constant digital distractions, making time for books is not just beneficial—it is essential for intellectual and personal growth.

—Parul Sharma
(PRT)

हिंदी भाषा के स्तंभ

कोई भी हो नाम अगर तो संज्ञा वह कहलाता।
संज्ञा के बदले जो आता सर्वनाम बन जाता।
कोई भी हो काम अगर तो क्रिया उसे हम कहते।
जिनका रूप कभी ना बदले अव्यय शब्द होते।
पुरुष जाति का बोध कराते शब्द कहाते पुलिंग।
स्त्री जाति का बोध कराते शब्द कहाते स्त्रीलिंग।
संख्या में हो एक अकेला होता एक वचन।
अगर एक से ज्यादा हो तो बनता बहुवचन।
तीन पुरुष हिंदी में होते उत्तम ,मध्यम, अन्य।
उत्तम मैं हूं, मध्य तुम हो, तीसरा होता अन्य।
जिन शब्दों का अर्थ एक सा,पर्यायवाची शब्द।
एक दूसरे से जो उल्टे होते विलोम शब्द।

-Shobha
(Hindi Teacher)

जीवन यात्रा

पूछा जो मैंने एक दिन खुद से
अंदर मेरे यह कैसा शोर है?
हंसा मन मुझ पर फिर बोला।
चाहती तेरी कुछ और थी,
पर तेरा रास्ता कुछ और है,
मन को संवारना था तुझे,
परसूरत संवारने पर तेरा पूरा जोर है,
खुला आसमान चांद तारे चाहत है तेरी,
पर बंद दीवारों को सजाने पर तेरा जोर है,
सपना देखा है तू खुली फिजाओं के,
परंतु बड़े-बड़े शहरों में महफिले सजाने की तेरी
कोशिश पुरजोर है।

— Anita
(Hindi Teacher)

Kachi Keri Ki Chutney Recipe

Ingredients:

- 2 raw mangoes (peeled and chopped)
- 1 cup fresh mint leaves
- 1 medium onion (chopped)
- 5-6 garlic cloves
- 8-10 dry red chilies (soaked in warm water)
- Salt to taste
- 1 tbsp sugar (optional, to balance the tanginess)
- 1 tsp cumin seeds
- Water (as needed for grinding)

Recipe

1. Transfer everything to a blender. Add sugar (if using).
2. Blend into a coarse chutney, adding water as required for the desired consistency.
3. Transfer to a serving bowl and enjoy with parathas, rice, or snacks.



-Archana Sharma
(Mathematics Teacher)

' हरिताः वृक्षाः'

हरिताः वृक्षाः हरिताः वृक्षाः।
सर्वत्र व्याप्ताः हरिताः वृक्षाः॥
कुसुमैः विविधैः सुरभिताः वृक्षाः।
मधुरैः फलैः आच्छादिताः वृक्षाः॥
पर्यावरणं शुद्धं कुर्वन्तः वृक्षाः।
वनौषधीनाम् आगाराः वृक्षाः॥
पथिकेभ्यः छायां यच्छन्तः वृक्षाः।
सर्वथा हि उपकारकाः वृक्षाः॥
सज्जनसमाः सन्ति एते वृक्षाः।
पृथिव्याः श्रृंगाराः एते वृक्षाः॥
न हि कर्तनीयाः एते वृक्षाः।
न हि उच्छेदनीयाः एते वृक्षाः॥
परम् वर्धनीयाः एते वृक्षाः।
परम् पूजनीयाः एते वृक्षाः॥
हरिताः वृक्षाः हरिताः वृक्षाः।
सर्वत्र व्याप्ताः हरिताः वृक्षाः॥

—Parineeta
(Sanskrit Teacher)



—Neha Singh
(Art Teacher)

Young Minds at Work

Why We Should Support Girl Education?

Everyone deserves an education. Both boys and girls should get an equal chance to learn and grow.

It is true that girls can change the world, as they can help solve big problems like poverty, hunger, and inequality.

If educated, a girl can inspire others and even become a role model, encouraging others to pursue their dreams.

-Prisha Aggarwal
Class - V

Educating Girls for a Better Future

Educating girls is essential for promoting social progress, as they become agents of change and contribute to building a more equitable society.

Girl education is a catalyst for social change, as educated women challenge traditional norms and fight for their rights.

Investing in girls-education is vital for economic growth, as educated women contribute to the workforce, innovate, and become entrepreneurs.

"When you educate a girl, you educate a nation"

**—Mitakshi Das
class- IV**

गुरु

जिनके नाम से होता है
हर कार्य शुरू

माता-पिता के रूप में
भी है गुरु

सिंह गर्जे, बादल बरसे
काली घटाएं घेरें

गुरु अगर तेरी कृपा हो जाए
तो यह जीवन संवर जाए

जिनके नाम से होता है
हर कार्य शुरू
वो हैं मेरे प्रिय गुरु

गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः।
गुरुः साक्षात् परं ब्रह्म तस्मै श्रीगुरवे
नमः॥

अरशी जरीन

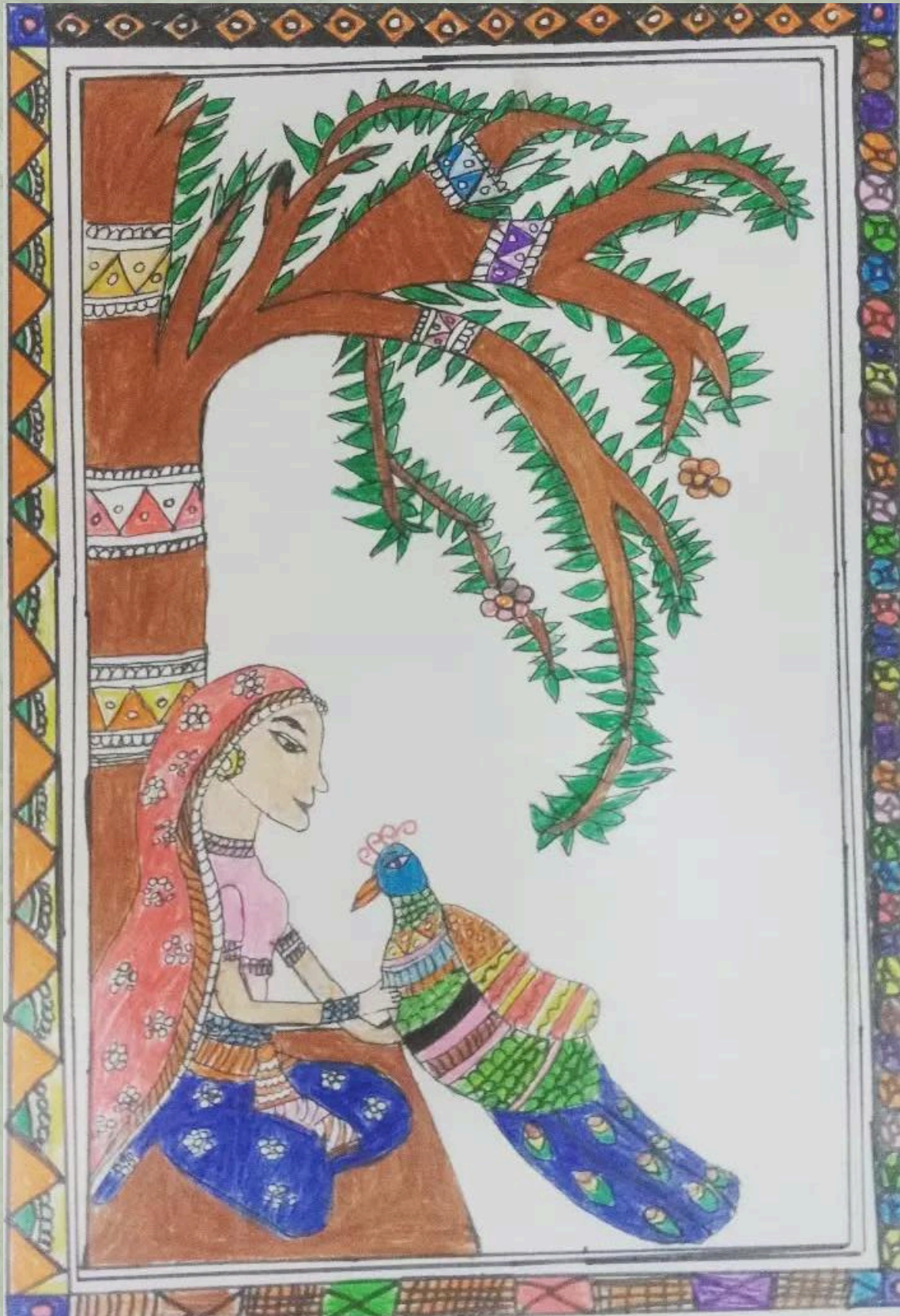
IX A

Decorative devotional painting

"I love all beauteous things"



Madhubani Art




"Art is nothing but an
imitation of nature."

— Pahulpreet

IX A

Page no- 50

Poem - Stuck



Lungs with breath
Heart with beat
Eyes with tears
Have so many fears
Don't know why
But I always die
In search of flying
High in the sky.
Stuck in the hell
Just like a frog in a well
Sparrow of cage
Suffering from lower wage
Have wings but can't fly
Deep in beautiful sky.
Giants kill me every day
But with words, not by sword.

-Sara Fatima

XI Science

"Words are stronger
than swords"

' दिल्ली दिल वालों का शहर है '

दिल्ली दिल वालों का शहर है जहां हर गली हर मोहल्ला बेशुमार है

यहां की हवा में कुछ खास बात है
जो दिलों को जोड़ने की ताकत रखती है

लाल किला हो या कुतुब मीनार
इतिहास की आवाज गूंजती हर बार

यमुना के किनारे शांति का रंग
दिल्ली में हर पल सुहाना सा संग

यहां के लोग हैं दिलदार ,दिल से सच्चे
हंसी में छुपे गम कभी ना होते छोटे

कभी सर्दी कभी गर्मी हर मौसम के साथ
दिल्ली है यही सच्ची यारी की बात

सड़के भी यहां गीत गाती हैं
गाड़ियों की आवाज सोई सोई गाती है

पर जब दिलों में है प्यार
तो दिल्ली नहीं होगी बेकार
दिल्ली दिल वालों का शहर है

यहां का हर चेहरा मुस्कान से भरा है
एकता प्रेम और भाईचारे का है यह संदेश
दिल्ली है प्रेम का सच्चा महल

इसमें नहीं है कोई शक
इसीलिए कहते हैं- *दिल्ली है दिल वालों की* ।

Colored pencil drawing of a sunset landscape.



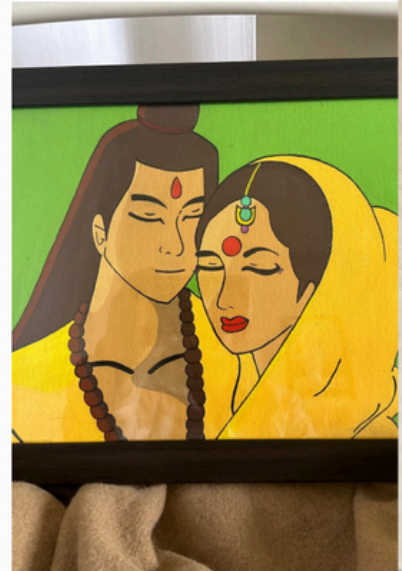
—Vaidehi Rastogi

IX B

Polestar

The Polestar, wretched, shines alone,
only when the moon hides, in the sky forlorn.
It waits fervent, in the starry sea,
Craving a bond that was not to be.
Twice they meet, a fleeting affair,
shying away for a moment of despair.
Two hearts that yearn but cannot stay,
drifting apart, sighing in dismay.

—Priyanshu Prakash
XI Science



— Akshita Sharma
XII Arts



—Zoya Saifi
VIII B